

Testimonials from Members

'...what a breath of fresh air; I found I was not alone...' Charlie

'...I enjoy the good-natured camaraderie and I find it comforting to be amongst other men who have prostate cancer...' Bryce

'...I should have commenced attending meetings much earlier...' Mat

'...I have gained immeasurable information ...and I have formed valuable and lasting friendships...' Rob

'...laughter is good medicine which I get from the great sense of humour from the guys and girls of the Geelong PSG...' Adrian

'...the fellowship that exists within the Group...' Charles

'...I no longer have prostate cancer, but coming along to the meetings is still a monthly event I look forward to...' Ian

'...I wish I had known about the group prior to, or soon after my diagnosis - it has been a great assistance...' Roger

Geelong Prostate Support Group Meetings

Meeting Time

The Group meets between 10 am and noon on the last Friday of each month except December.

Venue

Belmont Park Pavilion
162 Barrabool Road, Belmont, 3216
(Under the James Harrison Bridge)
Wheelchair accessible

We have on-line Group meetings when required.

Car Parking

There is plenty of free parking under the bridge.

Information

For further information contact:

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PROSTATE CANCER SUPPORT IN GEELONG



Have you recently been diagnosed with prostate cancer?

Do you have problems with your prostate?

Would you like to know more about prostate issues?

Proudly affiliated



Join the Geelong Prostate Support Group (GPSG)

GPSG provides support for men with prostate health concerns.

Prostate health issues

Approximately 320,000 Australian men are living with or have had prostate cancer. Up to 20,000 men are currently being diagnosed each year. The news often takes men completely by surprise. In addition, prostate enlargement affects many men as they age.

Talking with other men who have also experienced such life-changing news and who have taken the necessary steps to recovery can be very reassuring. Upon diagnosis, you may hear new words and terms. These can be very confusing.

Some examples include:

Benign prostatic hyperplasia, prostatitis, PSA, Gleason Score, radical prostatectomy, radiotherapy, brachytherapy, chemotherapy, hormone treatment (ADT), active surveillance, watchful waiting and complementary treatments.

What are the pros and cons of the treatment options? What other questions might you discuss with your doctors?

GPSG share the values of the Prostate Cancer Foundation of Australia, namely:

Integrity; Optimism; Compassion; Respect and Commitment



Geelong Prostate Support Group

GPSG is a group of men and their partners who meet informally for a couple of hours each month. Meetings often have a guest speaker who will cover matters of interest relating to prostate cancer and related issues.

At meetings members exchange experiences, compare treatments and discuss their side effects.

Humour plays a vital role at our meetings.

Anonymity outside the meetings is assured. GPSG is affiliated with the Prostate Cancer Foundation of Australia (PCFA) and Cancer Council Victoria.

Partners are made very welcome at our monthly Group meetings. On several occasions during the year, partners meet for coffee at a local café.

Through the Group you can benefit from other men's experiences and knowledge. Armed with this additional information, you may be better able to explore your options with your medical team.

Treatment options

Expert and helpful guidance from your health professionals is vital before and during the treatment process. However, the people who may have the clearest understanding of your feelings are those who have already been through the treatment and recovery process.

Newly diagnosed men often find discussions with our support group members particularly helpful in better understanding their prostate diagnosis and the treatment options available.

Many men attend our meetings long after their primary treatment. Others find it very helpful to meet with us prior to treatment, getting hints on how to cope, gaining more confidence and reducing their fear of the unknown.

Whilst the Group does not give medical advice, there is a wealth of experience and knowledge amongst our members to draw upon.